

# MODERN ENGLISH SCHOOL CAIRO



3<sup>rd</sup> March 2019

Dear MES Cairo Community,

Preparations are well underway for this year's '**24-HOUR RUN**': please ensure that your calendar is marked for **WEDNESDAY 20<sup>th</sup> MARCH 2019** and through the night.

There are a variety of ways that all members of the MES Cairo Community can get involved. Every student will be scheduled to walk the track during the school day and we encourage parents to join their children's class walks as scheduled. Parents, alumni and staff can all complete laps of the track by pre-booking a time slot during the school day, or anytime from 8.00am on Wednesday morning until 8.00am on **Thursday 21<sup>st</sup> March 2019**. Please email [24hrRun2019@mescairo.com](mailto:24hrRun2019@mescairo.com) to schedule your track time; your slot will be confirmed as soon as the schedule is finalised. We also encourage 'group walks' which can include non-MES Cairo friends such as nursery mums and other community group with registration via the above email address.

As is the tradition, all laps of the track should generate a contribution to our fundraising campaign. This year our chosen cause is the 'Magdi Yacoub Foundation'. The Magdi Yacoub Heart Foundation (MYF), an Egyptian registered charity NGO, was founded in 2008 by Sir Magdi Yacoub, the late Dr. Ahmed Zewail and Ambassador Mohamed Shaker. MYF is running one of the exceptional projects of enormous significance to the health and wellbeing of the Egyptian people that is entirely based on donations, at the Aswan Heart Centre. You can read much more about their work at: <https://myf-egypt.org/>

We encourage everyone to contribute to our fundraising events by pre-ordering an event T-shirt on the attached order form. Students may wear the T-shirt instead of regular uniform on **Wednesday 20<sup>th</sup> March 2019**, with school PE uniform shorts or track pants. Note that the event T-shirt is the only alternative to uniform for the event.

Concession stands will be selling novelty food and drinks as a part of this event with contributions from our contracted suppliers going to our chosen charity. Students should bring money to purchase snacks during break times on 20<sup>th</sup> March 2019.



New Cairo, South of Police Academy

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Email: [mescairo@mescairo.com](mailto:mescairo@mescairo.com) Website: [www.mescairo.com](http://www.mescairo.com)

From 12<sup>th</sup> March please visit the MES Cairo website at [www.mescairo.com](http://www.mescairo.com) and click on the event banner for up-to-date information regarding the event. A football tournament will occur throughout the afternoon and evening. Those wishing to participate in this event should read the attached flier with more information.

Please note that MES Cairo students cannot participate beyond 5.00pm if not accompanied by their parent. Whilst staff will be on campus throughout the night, they will be too busy with events on the track to supervise students beyond this time.

Please make time to come and support this wonderful occasion. We seek to bring the entire school community (past and present) together for this worthy cause and sincerely hope that you will join us.

Yours faithfully



Mrs Nicola Singleton  
Whole School Principal

